



## Best of the Birth Blogs - Week ending August 23rd

**By ICAN-blog**

Published: Aug 23 2009 - 12:08pm

Date: Aug 23 2009

**Your weekly one-stop for highlights from the birth blogosphere. Visit weekly for the latest on childbirth, especially related to cesarean prevention, recovery, and VBAC. To nominate a blog post to be featured here, email me at [ican-online.org](mailto:ican-online.org)**

Henci Goer (Science & Sensibility) - [ACOG's 2009 Induction Guidelines: Spin Doctoring Misoprostol \(Cytotec\)](#): Award-winning medical writer Goer breaks down the facts about Cytotec in response to ACOG's new guidelines. Bottom line: "...Cytotec's real benefits are convenience for obstetricians and helping the hospital's bottom line. For women and babies, though, it's a roll of the dice. Most times things go fine, but sometimes the dice come up snake eyes."

VBAC Facts - [Lightning Strikes, Shark Bites and Uterine Rupture](#): Despite the appeal of statistics showing that women are more likely to be bit by sharks or struck by lightning than to have a uterine rupture, Jen shows why such comparisons are misleading and misinforming birthing women. Bottom line: If it sounds too good to be true, check the stats before you forward them on.

REBIRTH - [Being Pushed](#): An L&D nurse/CNM reflects on how birthing women may often make choices so as not to inconvenience medical practitioners, as in one woman's undergoing a repeat cesarean despite being an excellent candidate for VBAC.



Dr. Fischbein - [Friday Meeting -&nbsp; My Take](#): advocate of the midwifery model of care and obstetrician Stuart Fischbein, MD shares about his battle to preserve a woman's right to VBAC in Southern California.

Patti Ramos - [Pain&#8230;](#): Birth doula and photographer Patti Ramos provides a perfect picture of what makes it all worth it - "Pain is no longer pain when it is past."