



# Updated Agenda

*International Cesarean Awareness Network  
2009 Bi-annual Conference*

*"Real Women. Real Lives."*

*April 24-26, 2009  
Atlanta, GA*

*Sheraton Gateway Hotel Atlanta Airport*



# Conference Agenda

Thursday, August 23, 2009  
Pre-Conference

Noon - 3:00 pm	Board meeting
Noon - 4:00 pm	Exhibit Area Set-up
4:30 pm - 5:00 pm	Exhibit Area Walk Through
5:00 pm - 9:00 pm	Chapter Leader Training
6:00 pm - 9:00 pm	Exhibit Area Open Hours

Friday, August 24, 2009

8:00 am - 11:30 am	Chapter Leader Training		
9:00 am - Noon	Exhibit Area		
9:30 am - Noon	Registration		
12:45pm-1:00 pm	Opening Ceremonies		
1:00 pm-2:00pm	<b>Plenary Session 1:</b> Sarah Buckley <b>“Undisturbed Birth: Mother Nature’s recipe for safety, ease and ecstasy”</b> (Grand Ballroom)		
2:15 pm - 3:45 pm	<b>A1 - Stacey Kerr, MD</b> Homebirth in the Hospital	<b>A2 - Pam Chubbuck</b> Empowering Our Girls and Women Promote Healthy Birth Practices	<b>A3 - Sharon Storton &amp; Christie Craigie-Carter</b> Solace and TBAT
4:00 pm - 4:30 pm	Refreshments in Exhibit Area		
4:30 pm - 5:30 pm	<b>Plenary Session 2:</b> Joni Nichols - <b>“Respectful Cesarean”</b> (Grand Ballroom)		
7:00 pm - 10:00pm	<b>“Pregnant in America”</b> Film Showing With Q and A with Steve Buonaugurio		

*"Birthing is the most profound initiation to spirituality a woman can have." - Robin Lim*



**Saturday, April 25th, 2009**

7:00 am - 8:00 am	Registration		
6:30 am - 7:00 am	Sunrise Yoga - Rose St. John		
7:00 am - 8:00 am	Continental Breakfast in Exhibit Area		
8:00 am - 9:00 am	<b>Plenary Session 3:</b> <b>Steve Buonaugurio - "Pregnant Fathers in America"</b> <b>(Grand Ballroom)</b>		
9:00 am - 9:30 am	Exhibit Area Break		
9:30 am - 11:00 am	<b>B1 - Rose St. John</b> Role of Father in Preventing Cesarean	<b>B2 - Gretchen Humphries</b> Interpreting Your Medical Records	<b>B3 - P. Perez and                      T. Howard</b> When Meconium Hits the Fan
11:15 pm-12:30pm	<b>Presidents Panel Lunch Session (Grand Ballroom)</b>		
12:45 pm- 2:15 pm	<b>C1 - Sandy Jones</b> Healing the Wounds of Birth	<b>C2 - Alyce Adams</b> Kegel Queen	<b>C3 - Ruth Ancheta</b> Getting the message out using inno- vation of diffusion technique
3:00 pm - 3:30 pm	Refreshments in Exhibit Area		
3:45pm - 5:00 pm	<b>Plenary Session 4:</b> <b>Eugene Declercq - "Maternal Mortality and Morbidity in the US"</b> <b>(Grand Ballroom)</b>		
6:30 pm - 8:00 pm	Evening Social with Hors D'oeuvres in Exhibit Area Speaker Book Signings		
8:00pm - 10:00pm	Presidents Meeting		
8:00pm - 10:00pm	Evening Social Activities		

**Sunday, August 26, 2009**

6:30 am - 7:00 am	Sunrise Prayer Circle - All faiths and beliefs welcome.			
7:00 am - 8:00 am	Continental Breakfast in Exhibit Area			
7:15 am - 7:45 am	ICAN Business Meeting			
8:00am - 9:00 am	<b>Plenary Session 5:</b> <b>Shafia M. Monroe - TBA</b> <b>(Grand Ballroom)</b>			
9:00 am - 9:30am	<b>Last chance Exhibit area</b> <b>(pick up silent auction and raffle items)</b>			
9:30 am - 11:00 am	<b>D1 - Eileen Sullivan</b> Emotional Freedom Technique	<b>D2 - Jenny Griebenow</b> Post Traumatic Stress Disorder	<b>D3 - Debbie Schneider</b> Mayan Abdominal Massage	<b>D4 - Susan Hodges</b> VBAC and midwifery legislation panel
11:00 am - Noon	<b>Plenary Session 6:</b> <b>Susan Jenkins - Patients Rights</b>			
Noon - 12:15 pm	Closing Ceremonies			



## Plenary Speakers



Sarah J Buckley is a trained GP/family physician, an internationally-acclaimed writer on gentle choices in pregnancy, birth, and parenting, and mother to Emma, Zoe, Jacob and Maia, all born gently at home, 1990 to 2000. She is the author of *Gentle Birth, Gentle Mothering: A Doctor's Guide to Natural Childbirth and Gentle Early Parenting Choices*. She has presented at numerous conferences and is a sought-after inter-viewee on issues related to birth and mothering for TV, radio, and for educational and birth-related DVDs. Sarah is also a member of *Mothering* magazine's website expert panel.

**Session #1 Sarah Buckley, MD - "Undisturbed Birth: Mother Nature's recipe for safety, ease and pleasure"**



Joni Nichols has been serving women and families for over two decades in various roles, as a childbirth educator, doula, and most recently, a midwife. She has helped create Plenitude, a special birthing community in Guadalajara, Mexico where she witnesses a working environment that allows for peaceful, respectful birth no matter what the mode or outcome.

**Session #2 Joni Nichols - "Respectful Cesarean"**



Steve Buonaugurio's favorite question in his personal and professional life is, "If you knew you couldn't fail, what would you do?" When his wife Mandy became pregnant, Steve immediately saw that something was wrong with the way women were being treated in the American maternity system. He thought a movie would help create a better environment for women in the US. But since he had never made a movie before and knew nothing about filmmaking, he thought maybe he'd just send an email to Michael Moore about the problem. Then Steve realized that one day he may ask his own child his favorite question, "If you knew you couldn't fail, what would you do?". The answer to his own question: write, direct and produce *Pregnant in America*.

**Session #3 Steve Buonaugurio - "Pregnant Fathers In America"**



We are including in the conference program a "President's Panel." Pam participated in a "State of the Union" panel at the American Association of Birth Centers in Tucson. Attendees responded in a very positive manner at getting to know the presidents and their respective organizations better. Comments from the session included the following: "I'd like to see these sorts of panels at ALL conferences""Thank you so much for bringing all these women together. Seeing and hearing directly from them and their passion inspires me ... what passion and strength we have."

**Session President's Panel Luncheon**



## Plenary Speakers



Eugene R. Declercq is professor of Maternal and Child Health and Assistant Dean for Doctoral Education at Boston University School of Public Health. He combines formal training in political science with his almost twenty years of experience as a certified childbirth educator to examine policy and practice around childbirth in the US and abroad. He has served as lead author of two national studies of women's experiences in childbirth entitled *Listening to Mothers*. He's published numerous research articles and is (very gradually) working on a book on cesarean childbirth. Eugene was also a technical advisor to the film documentary, *The Business of Being Born*.

**Session #4 - Eugene Declercq - "Maternal Mortality and Morbidity in the US"**



Shafia M. Monroe is the Founder and President of International Center for Traditional Childbearing (ICTC) and community activist devoted to infant mortality prevention, breastfeeding promotion, and increasing the number of midwives of color. In addition to being a Certified Midwife by the Massachusetts Midwives Alliance, she is also a Childbirth Educator, a Doula Trainer, and mother of seven children. She is a health activist, organizer, and international speaker. She holds a BA in sociology, with a concentration in medical sociology, from the University of Massachusetts. Monroe is the founder and President of the International Center for Traditional Childbearing (ICTC); the nation's first Black midwifery training, breastfeeding promotion and capacity building non-profit organization, headquartered in Portland, Oregon.

**Session #5 Shafia Monroe - "TBA"**



Susan M. Jenkins, a partner in The Sanchez Law Firm, is also Legal Counsel for The Big Push for Midwives Campaign. She is a graduate of Columbia University School of Law, and has practiced in the field of health care law for over twenty years, specializing in legal issues that affect midwives and other health professionals, and representing state and national professional societies and non-profit organizations as well as individuals. Ms. Jenkins recently joined ICAN, following the successful vbac delivery of her youngest grandchild.

**Session #6 Susan Jenkins - "Just Say No? VBAC Bans and Other Hurdles in Avoiding Cesarean Surgery"**

*"We've put birth in the same category with illness and disease and it's never belonged there. Birth is naturally safe, but we've allowed it to be taken over by the medical community." --Carla Hartley,  
founder of Trust Birth and the Ancient Art Midwifery Institute*

