



Registration opens December 1, 2008.
Early registration until February 1,
2009.
www.ican-online.org/conference

Featured Speakers:

Sarah J. Buckley

Steve Buonaugurio

Eugene Declercq

Pam England

Susan Jenkins

Joni Nichols

*2009 ICAN conference
"Real Women.
Real Lives."*

*April 24-26, 2009
Atlanta, GA*

Plenary Speakers



Sarah J Buckley is a trained GP/family physician, an internationally-acclaimed writer on gentle choices in pregnancy, birth, and parenting, and mother to Emma, Zoe, Jacob and Maia, all born gently at home, 1990 to 2000. Her books include *Loving Mama*, *Mothering Your Nursing Toddler*, and *Parenting by Heart*. She has presented at numerous conferences and is a sought-after interviewee on issues related to birth and mothering for TV, radio, and for educational and birth-related DVDs. Sarah is also a member of Mothering magazine's website expert panel.



Steve Buonaugurio's favorite question in his personal and professional life is, "If you knew you couldn't fail, what would you do?" When his wife Mandy became pregnant, Steve immediately saw that something was wrong with the way women were being treated in the American maternity system. He thought a movie would help create a better environment for women in the US. But since he had never made a movie before and knew nothing about filmmaking, he thought maybe he'd just send an email to Michael Moore about the problem. Then Steve realized that one day he may ask his own child his favorite question, "If you knew you couldn't fail, what would you do?". The answer to his own question: write, direct and produce *Pregnant in America*.



Eugene R. Declercq is professor of Maternal and Child Health and Assistant Dean for Doctoral Education at Boston University School of Public Health. He combines formal training in political science with his almost twenty years of experience as a certified childbirth educator to examine policy and practice around childbirth in the US and abroad. He has served as lead author of two national studies of women's experiences in childbirth entitled *Listening to Mothers*. He's published numerous research articles and is (very gradually) working on a book on cesarean childbirth. Eugene was also a technical advisor to the film documentary, *The Business of Being Born*.



Pam England, MA, CNM, is a homebirth midwife and mother who, inspired by her own birth experiences, developed the Birthing From Within approach to childbirth and postpartum preparation. Pam currently leads inspiring workshops and speaks at conferences all over the world, on topics such as birth trauma, cesarean birth, storytelling, visualizations & hypnosis, and many other aspects of pregnancy, birth, and postpartum.



Susan M. Jenkins, a partner in The Sanchez Law Firm, is also Legal Counsel for The Big Push for Midwives Campaign. She is a graduate of Columbia University School of Law, and has practiced in the field of health care law for over twenty years, specializing in legal issues that affect midwives and other health professionals, and representing state and national professional societies and non-profit organizations as well as individuals. Ms. Jenkins recently joined ICAN, following the successful vbac delivery of her youngest grandchild.



Joni Nichols has been serving women and families for over two decades in various roles, as a childbirth educator, doula, and most recently, a midwife. She has helped create Plenitude, a special birthing community in Guadalajara, Mexico where she witnesses a working environment that allows for peaceful, respectful birth no matter what the mode or outcome.



Plenary Session Descriptions

Session #1 Sarah Buckley, MD - “Undisturbed Birth: Mother Nature's recipe for safety, ease and pleasure”

Australian family physician and homebirth mother of four Sarah J Buckley MD brings her celebrated blend of science and wisdom, explaining in this lecture how the "ecstatic hormones of undisturbed birth" (oxytocin, beta-endorphin, epinephrine and norepinephrine and prolactin) are designed to enhance ease, pleasure and safety for mother and baby through labor, birth and beyond. She also explores how common obstetric interventions – epidurals, Pitocin, cesareans and even close observation of mother and baby – interfere with this delicate hormonal orchestration, and can compromise ease and pleasure, and sometimes safety, for mother and baby. Along the way, Sarah shares some mammalian birth stories; muses on the birth experiences of our stone-age foremothers; describes the multiple inbuilt safety factors in normal birth; and explains why chickens cluck when they lay eggs. A not-to-be-missed experience!

Session #2 Pam England - “Birth as a Hero’s Journey”

BIRTH AS A HERO'S JOURNEY has been enthusiastically-received by birth professionals and parents everywhere I go. The hero's (or heroine's) journey is so deeply engrained in human psyche every one resonates with it. As you know, many women spend years, sometimes a life-time, feeling victimized and judged by what they experienced in childbirth. These wounded women come to your groups seeking to make sense of what happened and to find their way “home;” the final phase of the hero's journey. When mothers, both expectant and postpartum, identify with the hero's journey, their birth story and their lives change. Nowadays, when so many women are emotionally traumatized by birth and cesareans, and when there is not a ritual for healing the birth story, the whole culture suffers a collective birth trauma. When the predominance of birth stories are stories of powerlessness, violence, grief, confusion and trauma, then the birth stories themselves act like a virus infecting or immunizing the next generation. So, in a sense we can say that the whole culture is on a hero's journey. BIRTH AS A HERO'S JOURNEY is uplifting and eye-opening for every participant who, while watching Pam draw the Hero's Journey Mandala during her talk, or while listening to her tell a Great Story, identifies with the journey in their own life, or in the lives of the parents they work with, and the culture.

Session #3 Steve Buonaugurio - “Pregnant Fathers In America”

Buonaugurio will discuss the role of fathers during the birth of their child, how men impact their wives' birth experiences, and how men can be active in creating birth experiences for their wives that empower them.

Session #4 - Eugene Declercq - “Maternal Mortality and Morbidity in the US”

Eugene Declercq, one of the most impassioned and forthright advocates for improving mother-baby health in the USA, breaks down the numbers and gets to the heart of why and how the United States is failing mothers and babies so miserably. Declercq makes it easy to understand the numbers and energizes birth activists towards our goal of providing evidence-based care to all.

Session #5 Joni Nichols - “Respectful Cesarean”

When a cesarean becomes necessary, this sacred moment must still be considered a family centered celebration. The physical wound is hard enough...we don't need to leave emotionally wounded women in their wake! How can we achieve this? We need a calm and tranquil atmosphere in the operating room, a mother-to-be with the person (or people!) she wishes at her side, immediate physical contact between mother and baby, continued contact during the remainder of the surgery, and a desire and attitude on the part of the professionals present to be of service to the new family. Think this is impossible? Come and see where these ideas have become realities

Session #6 Susan Jenkins - “Just Say No? VBAC Bans and Other Hurdles in Avoiding Cesarean Surgery”

It seems as if we have reached the point with the present U.S. health care system where women who give birth in hospitals are strongly tempted to bring a lawyer as well as a doula to the hospital with them when they go into labor. Has this level of advocacy indeed become necessary and, if so, how does the average family prepare for "the L & D wars"? This presentation will explore various legal issues relating to informed consent, court-ordered cesarean surgery, and vbaac bans, with a focus on recent developments

Concurrent Speakers

Alyce Adams, RN is the Kegel Queen. She offers women her original, comprehensive, research-based pelvic floor muscle training program through her website. Alyce is a longtime advocate for home birth and midwifery. In addition to women's health, Alyce's passions include home cooking, homeschooling, poetry, and politics. Alyce lives with her family in Rochester, New York.

Ruth Ancheta has been a childbirth educator and advocate since 1981. She earned a Master's degree in Public Service/Medical Administration, focusing on people's responses to change in medical settings. Her most eye-opening job so far involved interviewing 2250 women who were pregnant again after previously giving birth by cesarean. She wrote the original VBAC Source Book (later turned into a teaching kit in collaboration with Nicette Jukelevics), and the Childbirth Skills Teaching Kit. She is working with Penny Simkin now on the third edition of their Labor Progress Handbook. The Anchetas have two independent adult daughters.

Christie Craigie-Carter MA, is a Licensed Mental Health Counselor, ICAN Mental Health Chair, public speaker, and an HBA2C mother. After having two cesareans for breech babies with her uniquely-shaped uterus, she took her birth into her own hands and birthed her third breech baby at home with supportive caregivers.

Nikki DeSalvo-Amick is a SC mother of two - the first born surgically and the second born at home. She is a grassroots organizer, and works as a consultant in improving existing maternity care services and creating access to choices in childbirth. She is a consumer advocate, small business owner and birth and breastfeeding support professional and educator, specializing in challenging situations. She writes and speaks publicly about holistic parenting, reproductive health issues, and community building.

Jennifer Jamison Griebenow, MA, Phi Beta Kappa, is a psychology minor and mother of three—one born by cesarean, two at home. A former chapter leader and board member of ICAN, she is currently homeschooling her children.

Susan Hodges, an activist for midwifery since 1985, is a founder and the current president of Citizens for Midwifery, a national grassroots organization promoting the Midwives Model of Care. She is a member of the Consumer Panel of the Cochrane Collaboration's Pregnancy and Childbirth Group, a member of the Evidence and Action Committee of the Coalition for Improving Maternity Services, and she was a consumer member (1994-1996) of NARM's Certification Task Force that created the Certified Professional Midwife credential. Her two children were born at home with midwives.

Teresa Howard is a certified labor and postpartum doula, certified lactation educator, certified childbirth educator, and retired La Leche League leader. She is a mother of three and grandmother of four. The owner of a group of doulas and educators in Atlanta. She is most recently also a breast cancer survivor.

Gretchen Humphries is the Advocacy Director for ICAN, the ICAN email list administrator, and co-leader of the ICAN of Ann Arbor Chapter. She is also a Veterinarian, working in emergency and critical care at the Animal ER Center in Southeastern Michigan. She has written extensively on birth topics and many of her essays can be found at Birth Matters. She's the mother of 4 wonderful children and the wife of a man who realized how much they'd both lost with the cesarean, after his third child was born at home. She's had one cesarean for breech twins and then 2 wonderful HBACs.

Concurrent Speakers

Sandy Jones M.A., is the author of 12 books and hundreds of articles on pregnancy, childbirth, baby care and baby gear, including *Great Expectations: Your All-in-One Resource for Pregnancy & Childbirth*. She has a Master's Degree in Psychology and is the mother of one daughter, Marcie, the co-author with her of the Great Expectations book series from Sterling Publishing. She has led "Mothers' Empowerment" workshops in the U.S. and Europe as well as "Healing from the Trauma of Birth" sharing groups for moms.

Stacey Marie Kerr, M.D. graduated from the University of California Davis Medical School in 1989 and is currently a board certified family physician. Until recently, she had an active private practice in all aspects of clinical medicine that included adult medicine, obstetrics, pediatrics, surgery, and general preventive care. In 2004, she retired from her business of family practice. Dr. Kerr is a member of the California and American Academy of Family Physicians. She holds a B.S. in Education/Special Education from the University of Missouri, Columbia Missouri. She has been published in the Journal of the American Medical Association, currently writes a monthly newspaper column, and is the author of *Homebirth in the Hospital*.

Paulina (Polly) G. Perez is an internationally known perinatal nurse and lecturer. Polly has been in the maternity care field for more than 40 years as a perinatal nurse, childbirth educator, nurse clinician, and doula/monitrice. She is the author of *Special Women: The Role of the Professional Labor Assistant*, *The Nurturing Touch at Birth: A Labor Support Handbook*, and *Brain Attack: Danger, Chaos, Opportunity and Empowerment* and numerous other publications.

Rose St. John is a doula, childbirth educator, yoga instructor and most recently, author. She brings over 25 years of experience guiding couples towards the birth they desire to her new passion, preparing fathers for the work of supporting their partner in birth and beyond. Rose is the creator of the St John Birthing Method (tm) which combines her trademark approach: straightforward and practical while at the same time conceptual and transcendent.

Debbie Schneider is a Certified Professional Midwife (CPM), a Maya Abdominal Massage Certified Practitioner, and has attended almost 400 homebirths. Debbie has been interested in alternative therapies for many years, she has studied herbology formally and informally for 18 years, and is currently formally studying homeopathy in relation to midwifery.

Sharon Storton is a Licensed Psychotherapist and a Certified Hypnotherapist in private practice in Campbell, California, specializing in women's wellness. She is an active member the Coalition for Improving Maternity Services, as well as a participating member of several leading women's health and advocacy organizations.

Eileen Sullivan is a Certified EFT Practitioner and holistic doula/doula trainer. She has worked with expectant and new mothers and families as a childbirth educator, birth and postpartum doula, La Leche League Leader and ICAN Chapter Leader, and with birth professionals as a mentor, doula trainer and birth advocate for over 20 years. She now specializes in Emotional Freedom Techniques (EFT) for the childbearing year, including preparing for labor and birth, VBAC, and resolving PTSD/traumatic birth experiences. Eileen works with women, families, and birth professionals in her local area of Charlotte, NC, and has an international practice via EFT phone sessions, teleclasses, and webinars. She is also the author of numerous articles including the classic, "*VBAC: Relative Risks of Uterine Rupture*."

Conference Agenda

Thursday, April 23, 2009
Pre-Conference

Noon - 3:00 pm	Board meeting
Noon - 4:00 pm	Exhibit Area Set-up
4:30 pm - 5:00 pm	Exhibit Area Walk Through
5:00 pm - 9:00 pm	Chapter Leader Training
6:00 pm - 9:00 pm	Exhibit Area Open Hours

Friday, April 24, 2009

8:00 am - 11:30 am	Chapter Leader Training			
9:00 am - Noon	Exhibit Area			
9:30 am - Noon	Registration			
12:45pm-1:00 pm	Opening Ceremonies			
1:00 pm-2:00pm	Plenary Session 1: Sarah Buckley “Undisturbed Birth: Mother Nature’s recipe for safety, ease and ecstasy” (Grand Ballroom)			
2:15 pm - 3:45 pm	A1 - Stacey Kerr, MD Homebirth in the Hospital	A2 - Pam Chubuck Empowering Our Girls and Women Promotes Healthy Birth Practices	A3 - S. Storton and C. Craigie-Carter Listening to Mothers: Lessons learned from SOLACE	TBA
4:00 pm - 4:30 pm	Refreshments in Exhibit Area			
4:30 pm - 5:30 pm	Plenary Session 2: Pam England - “Birth as a Hero’s Journey” (Grand Ballroom)			
7:00 pm - 10:00pm	“Pregnant in America” Film Showing			

Conference Agenda

Saturday, April 25th, 2009

7:00 am - 8:00 am	Registration			
6:30 am- 7:00 am	Sunrise Yoga Session- Rose St. John			
7:00 am - 8:00 am	Continental Breakfast in Exhibit Area			
8:00 am - 9:00 am	Plenary Session 3: Steve Buonaugurio - "Pregnant Fathers in America" (Grand Ballroom)			
9:00 am - 9:30 am	Refreshments in Exhibit Area			
9:30 am - 11:00 am	B1 - Rose St. John Role of Father in Preventing Cesarean	B2 - Alyce Adams Kegel Queen: Pelvic Floor Muscle Training	B3 - Gretchen Humphries Interpreting Your Medical Records	B4 - P. Perez and T. Howard When Meconium Hits the Fan
11:15 pm-12:30pm	Presidents Panel Lunch Session (Grand Ballroom)			
12:45 pm- 2:15 pm	TBA	C2 - Sandy Jones Healing the Wounds of Birth	C3 - Nikki Amick Blackmarket Birth	C4 - Ruth Ancheta Getting the message out: Using the diffusion of innovation technique
3:00 pm - 3:30 pm	Refreshments in Exhibit Area			
3:45pm - 5:00 pm	Plenary Session 4: Eugene Declercq - "Maternal Mortality and Morbidity in the US" (Grand Ballroom)			
6:30 pm - 8:00 pm	Evening Social with Hors D'oeuvres in Exhibit Area Speaker Book Signings			
8:00pm - 10:00pm	President's Meeting			
8:00pm - 10:00pm	Evening Social Activities			

Sunday, April 26, 2009

6:30 am - 7:00 am	Sunrise Prayer Circle - All faiths and beliefs welcome.			
7:00 am - 8:00 am	Continental Breakfast in Exhibit Area			
7:15 am - 7:45 am	ICAN Business Meeting			
8:00am - 9:00 am	Plenary Session 5: Joni Nichols (Grand Ballroom)			
9:00 am - 9:30am	Last chance Exhibit area (pick up silent auction and raffle items)			
9:30 am - 11:00 am	D1 - Eileen Sullivan Emotional Freedom Technique	D2 - Jenny Griebenow Post Traumatic Stress Disorder	D3 - Debbie Schneider Mayan Abdominal Massage How it is beneficial to women after a cesarean	D4 - Susan Hodges VBAC and midwifery legislation panel
11:00 am - Noon	Plenary Session 6: Susan Jenkins - "Just Say No? VBAC Bans and Other Hurdles in Avoiding Cesarean Surgery"			
Noon - 12:15 pm	Closing Ceremonies with photo review			

Concurrent Session Descriptions

A1 - Stacey Kerr, MD - Homebirth in the Hospital

As a physician with strong roots in midwifery, Dr. Kerr is a passionate advocate for childbirth practices that are not only safe but also empowering. Although homebirth is a viable option for many, there are women who do not want to deliver their babies in their own homes. But why should these women be given the message that their bodies are not to be trusted? Can't they birth a baby without unnecessary medical technology and interventions?

A2 - Pam Chubbuck - Empowering Girls and Women to Love Themselves Promotes Healthy Birth Practices

Due to medical, societal, and psychological forces, women are losing their natural ability to give birth joyfully. Women's self confidence is eroding as fast and as much as they are told that all childbirth is dangerous enough that it must be regulated by medical procedures all the time. This discussion will cover what happens psychologically/physically during the formative years to stunt girls' energy to be themselves, what happens to literally change their bodies – so they do not have the energy to do what nature intended - to grow to be women powerful beyond measure, healthy, self confident and wise. Preparing girls to be strong healthy women is foremost in preventing disempowering experiences later on in life. We will also discuss how to heal after negative experiences, and inspire women to start teaching their daughters to be healthy NOW.

A3 - Sharon Storton and Christie Craigie-Carter - Listening to Mothers - Lessons Learned from SOLACE

A4 - Whapio Diane Bartlett - The Holistic Stages of Birth: A New Understanding of Labor

How does birth unfold without anyone managing or directing the process? Come and explore the Holistic Stages of Birth...one midwife's personal practice of undirected birthing. We'll share a new language to articulate what actually happens at birth and we'll investigate brain wave patterns and states of consciousness that confirm the ability of mothers to orchestrate their own birth experiences.

B1 - Rose St. John - The Role of the Father in Preventing Cesarean

Fathers, once banned from birthing, now thrust into the role of "coach", are so often put into a situation that inevitably leads to feelings of frustration or failure. Rose St. John uses her experience assisting couples to find their way to a better birth, and addresses the other half of the birthing team and his unique needs. Fathers, partners, mothers and anyone else involved with birthing couples will gain helpful tools to use at births.

B2 - Alyce Adams, RN - The Kegel Queen

Have you ever done a kegel while driving your car? The Kegel Queen wants YOU! Come discover why doing incorrect kegels will not help your pelvic floor health at all, and learn what our kegel myths are and how to stop wasting your time and start strengthening your pelvic floor.

B3 - Gretchen Humphries - Interpreting Your Medical Records

Are you bewildered by the "medical speak" in your own medical records or those of your doula-clients? Do you want to access easy tools to assist you in reading and interpreting these records? Gretchen Humphries, MS DVM draws back the veil and gives you the skills you need to crack the code and empower yourself with more knowledge about your birth experience. If you have copies of your records, please bring them. Session will be in a workshop format and seating is limited - register soon!

B4 - Polly Perez and Teresa Howard - When Meconium Hits the Fan

The goal of this session is to understand how to identify our pain from unexpected circumstances and begin the healing process. We will discover how telling our story is part of the process as well as how guided imagery will help in the healing process. We will discuss the tools that are available within your community. Teresa is a breast cancer survivor and Polly is a brain stroke survivor. They will share what worked in their healing processes as well as ideas on how to help others heal. Come ready to expand your thoughts on what to say and do to help yourself and others. This session is for anyone who is a survivor, those seeking ways to survive and those who work with survivors.

Concurrent Session Descriptions

C1 - Nicole Hoff - Broadcast Birth: How Media Is Shaping Our Experience of Birth

C2 - Sandy Jones - Healing the Wounds of Birth

An intimate sharing circle for women who found themselves injured, aggrieved or disempowered by their birth experiences. The group will serve as a tender chalice for holding the pain as we ponder together the larger life lessons and our personal victories from having survived these keystone experiences that did not turn out as we had hoped. As a group, we will also try to grasp the bigger picture of what is happening to birthing women all over the US and what we, as strong women, might do to ameliorate women's birth suffering and to restore the true meaning of birth for those who come after us.

C3 - Nikki Amick - Black Market Births: When VBAC mothers are forced underground

This passionate, activist-oriented session will go over the benefits and risks of securing illegal care providers for VBAC home births as compared to alternatives, illustrate the unnecessary and harmful burden that is placed on families when attempting to access fully supportive VBAC care providers and identify barriers to accessing legal/sanctioned care providers of choice and brainstorm ideas for forming grassroots efforts in addressing the barriers.

C4 - Ruth Ancheta - Getting the Message Out: Using the diffusion of innovation technique

D1 - Eileen Sullivan - The Courage to Try Again with Emotional Freedom Techniques (EFT)

Are you still haunted by The Ghosts of Pregnancy and Birth Past? It takes a great deal of courage to be willing to walk through the fire again, after a difficult or disempowering birth experience. Come and learn how to free yourself from old limitations and fear-based patterns with EFT-- Emotional Freedom Techniques. EFT is a simple tapping procedure, based on the ancient science of acupuncture meridians. This gentle technique uses no needles, and the basics can be learned in a single session. This is an experiential session with plenty of hands-on practice. We will tap together on common concerns, both general and specific, that mothers and partners may experience when preparing to conceive or give birth again, and you'll be able to take EFT home with you as a helpful tool for your journey.

D2 - Jenny Griebenow - Recovering from Post Traumatic Stress Disorder during Childbirth

"So what's your problem? You just had a baby..." This session will provide a supportive environment for mothers who have experienced traumatic birth; validating their experiences, while also providing specific practical information and recovery strategies that will assist them, as well as informing and educating birth professionals. An informal lecture with plenty of room for feedback from attendees, we will primarily focus on the trauma the mother has experienced, although the experiences of others family members will be briefly discussed. The session should also be informative for midwives, hospital staff, doulas, and others who work with birthing women.

D3 - An Introduction to the Arvigo Techniques of Maya Abdominal Massage: An Ancient Approach to Healing Revived.

The Arvigo Techniques of Maya Abdominal Massage is a non-invasive, external, massage technique, performed on the abdomen, pelvis, lower back and sacrum to help bring the uterus into its proper position, soften musculature, release tension in the diaphragm, align the pelvis and release muscular armoring in the trunk. Special emphasis will be given to the potential benefits of this work for childbearing women including women who have experienced Cesarean abdominal surgery.

D4 - Susan Hodges - VBAC and Midwifery Legislation Panel

This interactive panel discussion will cover midwifery legislative efforts -- which states are seeking it and the pros and cons for midwives, consumers and those concerned about VBAC access.

Registration Information

Please refer to the registration form for appropriate fee schedule. **The early bird postmark date is Feb. 1, 2009.** Registrations received after that date will be charged the full conference price. Registration includes all conference materials, refreshment breaks, and all scheduled meals.

Airport Information: The Hartsfield Atlanta International Airport (ATL) (+1 404 209 1700 / <http://www.atlanta-airport.com>)

Shuttle Transportation: Hotel offers free shuttle service

Parking: Onsite parking \$8 per day self-parking, \$11 per day for valet parking

Travel Agent: TBA

Hotel Information: Sheraton Gateway Hotel Atlanta Airport 1900 Sullivan Road · Atlanta, GA 30337 · (770) 997-1100

Americans With Disabilities Act: We want to provide individuals who have disabilities the appropriate services necessary to participate. If you will need any auxiliary aids or services identified in the Americans with Disabilities Act to attend this program, please contact us: registration@ican-online.org.

To add to your experience, we are inviting companies, organizations and health care facilities to exhibit products, equipment, supplies and services. Prospective vendors are invited to contact the Exhibit Chair at exhibits@ican-online.org.

Continuing Education: MEAC and ICEA are in process. Contact our CEU Chair at ceu@ican-online.org for more information.

Confirmation Information: All confirmations will be made via email and made by April 1, 2009. **Please do not forget to put your email address on your forms!** If your registration is postmarked after April 1, every attempt will be made to confirm your registration before the conference. If you have specific concerns about your confirmation, email registration@ican-online.org.

Spouse/Partner Registration: We do not charge an additional fee for spouse or partner to attend while caretaking for children, however meals are not included (see registration form for details).

Children: We encourage mother-baby togetherness and understand the need for a mother to be available to her children. If your baby needs your full attention or if his/her sounds (happy or sad) interfere with the taping or another's ability to concentrate or hear the speaker, we encourage you to excuse yourself from the presentation for a few moments. Reserved seats near exits will enable you to come and go as unobtrusively as possible. Your help is most appreciated.

Family Playroom: In the event ICAN offers a family playroom, attendees families may utilize the room during sessions. We will not be offering drop-off care or a baby sitter. Room use fee to be determined.

Disclaimers: In registering for ICAN - Real Lives. Real Women conference, participants agree that ICAN, Inc., assumes no liability whatsoever. Participants are requested to make their own arrangements with respect to health and travel.

ICAN, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war or other events that may cause the conference to be rescheduled. Conference organizers reserve the right to postpone the conference to another time, date and if necessary, location.

ICAN reserves the right to substitute speakers and/or topics. The views and opinions expressed by speakers are their own and may not represent the views and opinions held by ICAN, Inc.



For office use only:

Registration # _____

\$ _____

Payment Type _____

Registration Form - ICAN: Real Women. Real Lives.

Please type or print

NAME: _____ PHONE NUMBER: _____

MAILING ADDRESS: _____

CITY : _____ STATE/PROVINCE: _____ ZIP/POSTAL CODE: _____

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REGISTRATION FEES

Early Bird Registration (by 2/1)	_____ \$269	Subscriber	_____ \$219
Regular Registration	_____ \$299	Subscriber	_____ \$259
Individual Day - Friday	_____ \$99		
Individual Day - Saturday	_____ \$139		
Individual Day - Sunday	_____ \$79		
ICAN Subscription	_____ \$30		
Spouse/Partner conference meals	_____ \$150		

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Children's Meals:
Ages 0-3 FREE 4-12 qty _____ x \$75 = _____ 13-17 qty _____ x \$150 = _____

CEUs (for full or partial registration) _____ \$20

Late Registration (after 4/3/09) _____ \$50

Pre-order conference t-shirt (V-neck or Crew neck) or
conference tank top (wide strap) _____ \$15

Circle size desired: XS, S, M, L, XL, XXL for either style

Circle color: White, Lt. Pink., Lt. Blue, Red

t-shirts or tank tops may be pre-ordered by 2/1/2009. After that date participant may purchase a t-shirt or tank top at the conference.

Total _____ \$ _____

For registration by mail, send this form to:

**Kristina Rutkowski
Registration Chair
4441 Tempe Place
Iowa City, IA 52246**

**I am interested
in volunteering at
the conference.**

_____ **Check or Money Order** made out to *ICAN* enclosed for \$ _____ .00

_____ **VISA/MASTERCARD** \$ _____ .00 Acct. # _____ exp. _____ / _____

_____ **Paypal** Log in to your Paypal account and click "send money" to registration@ican-online.org

Please attach copy of your paypal receipt. Your email: _____

A1 <input type="checkbox"/>	A2 <input type="checkbox"/>	A3 <input type="checkbox"/>	A4 <input type="checkbox"/>
B1 <input type="checkbox"/>	B2 <input type="checkbox"/>	B3 <input type="checkbox"/>	B4 <input type="checkbox"/>
C1 <input type="checkbox"/>	C2 <input type="checkbox"/>	C3 <input type="checkbox"/>	C4 <input type="checkbox"/>
D1 <input type="checkbox"/>	D2 <input type="checkbox"/>	D3 <input type="checkbox"/>	D4 <input type="checkbox"/>

Cancellation after payment must be made in writing and is subject to a \$25 processing fee. After 4/17/09 the cancellation fee is \$99. Registrations are transferable if cancellation is done in writing to

registration@ican-online.org. I have read and understand the cancellation policy. Initial _____

Please rank your choices 1-4 for each concurrent session. (1,2,3, 4 - choices go across)



International Cesarean Awareness Network
PO Box 98, Savage, MN 55378
(800) 686-ICAN FAX (310) 542-5368
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